

Duke of Edinburgh Award Tramping Requirements

Each participant will need to complete the following relevant to their award they have signed up for.

First Section – Training and Instruction – Training Event.

The Training Event is to be completed prior to Practice and Journey events. The following topics will be covered.

Camp craft	Outdoor First Aid
Clothing	Route Finding
Compass Use	Safety precautions
Environmental care	Stoves and fuels
Food and clothing	Survival of route
Leadership	Trip planning
Map Reading	Water Care

Second Section – Practice Tramp – Practice Event

Participants are required to do a practice journey. The practice journey is to be completed after training event and not before. The aim of the practice journey is to give participants enough experience to plan and undertake their qualifying journey.

Third Section – Journey Tramp – Journey Event

Participants are required to do one or more journey relevant to their Award requirements. A brief description of each award requirement is as follows.

Bronze	- 2 days out, 1 night in tent/hut, 12 hrs of effort
Silver	- 3 days out, 2 nights in tent/hut, 21 hrs of effort
Gold	- 4 days out, 3 nights in tent/hut, 32 hrs of effort

On completion of journey, participants are required to complete a participant report. The report is to be a written account of journey and is to include visual records, photographs and maps and to show routes taken. The Report handed in to Award Leader – Mr Simpkins, on receipt of report Mr Simpkins will sign off Participant Report section.

Adventure Works will sign off Training, Practice and Journey Section.