

Safety Info

Client information

Clients must:

- Provide current health information
- Understand the event and its associated hazards and difficulty

Weather and Environmental Procedure

Weather is monitored and forecasted prior to tramping

- **If a current weather warning is in place for the specific location of the tramp at the start time of the tramp we will halt the activity**
- If a weather watch is in place we will contact clients prior to the event to let them know the trip is pending a decision based on the expected forecast
- DOC or ARC is contacted prior to the event to check on updates for the area.
Hazards could include goat culling, track deterioration, severe windfall

Supervision

- During overnight events Instructors have overall responsibility for the students 24 hours
- The instructor must not leave the campsite
- The instructor must stay close to the designated cooking area while cooking is underway
- The instructor must check the wellbeing of each student before retiring to their tents
- The instructor must abide by the AWL code of Ethics
- Instructors and other adult helpers will avoid at all times sleeping in the same tent as students except under these conditions:
 - When the safety of a student requires the physical presence of an instructor. In this situation there must be at least one other student or adult in the tent
- Instructors know who is supervising who at all times
- Instructors check in with each other about their intentions if they need to stop supervision

Communication procedures

All groups operating on Adventure Works jobs must have an operable cell phone available.

1. The **cell phone** is used to ask for support of some sort. If the AWL contact person (usually Robin on 021 025 96168) receives communication from the tramp it is because the instructor is requesting support of some form. Sending a text provides a more reliable message.

Situations when a cell phone is needed include needing to change pick up location, needing to have a client picked up so the rest of the group can continue.

Once a message has been sent to the AWL contact person that person will communicate directly with parents.

2. **Delorme InReach Satellite communicator** This is a satellite text device. This can be used for two way communication using text messaging. It requires a clear view of the sky.

The Phone number is +12135298550

3. **Activating the PLB.** This is used in a case where support is required immediately/ without immediate support there is likely to be a loss of some sort.

Each trip will have either the InReach or a PLB.

Attention to clients before you leave

Clients are checked for minimum safety equipment and appropriate fit of equipment and clothing before they depart

- Check packs are fitted correctly and contain a pack liner
- Visually check each client has the Client Minimum Safety Equipment
- Check group gear is distributed appropriately
- Check shoes are fitted correctly and right size
- Check for appropriateness of clothing
- Check the group split is appropriate
- Identify a front person and a tail end person
- Attend to any others issues that may arise prior to leaving such as equipment hanging off packs and packs that look way to heavy

Client Minimum Safety Equipment

Clients will carry minimum personal safety equipment:

- **Waterproof seam sealed raincoat with a hood**
- **1 poly prop long sleeve shirt**
- **1 poly prop long leg pants**
- **1 insulation layer, wool or fleece**
- **1 beanie wool or fleece**
- **1 pack liner**

This equipment MUST be observed before you depart, this may happen at the start of the track or it may happen on the training day if applicable.

If clients do not have this equipment we MUST provide it to them. There is a gear bag with spare clothing and equipment that you must take to the start of the track. There is no charge to lend minimum safety equipment

Parent Briefing

Parents understand their role in an emergency response

- Explain expected weather
- Describe communication procedures (outlined in this document), describe use of emergency access locations and describe use of locator beacon and how communication will occur. Name the Adventureworks contact person for the tramp (usually Robin 021 025 96168)

Client Briefing

Clients understand how they contribute to a safe and enjoyable experience

- Everyone will be travelling together
- The people at the front must not go ahead. If you can't see the person behind you are too far ahead
- If you need to stop tell a leader and the whole group will stop
- If you feel blisters coming on tell a leader and stop. They need to be tended to as soon as they are noticed, don't ignore it and hope it will go away
- Anyone forgotten gear? If there is something you are missing they need to let instructor know now
- It is best to have your pack adjusted so the weight is on your hips and you don't have gear hanging off it
- If you are hot before you start tramping take off a layer, you will overheat once we get started
- Don't drop rubbish
- Stick to the track and don't break or pull plants
- If you see someone else struggling for any reason tell a leader